

BOOK SUMMARY

Do your educators believe they can make a difference?

Many barriers can keep people from trying to make a difference: fear, insecurity, time, money, bias, etc. Perhaps one of the most challenging barriers is the myth that ONE step is never enough. Believing this lie can keep us from even trying.

In [I Am One: A Book Of Action](#), [Susan Verde](#) combats this belief by revealing many singular ways we can take action. Verde inspires readers to move and shows the potential ONE small step can have towards creating a collective movement.

BOOKMARK

Our featured book resources include collectible bookmarks with easy access to our discussion questions (front) and personal reflection (back).

Print it out for yourself or print enough copies on card stock for your staff. Cut out the bookmarks and write/share your own personal reflections. You can do this in small groups, during team meetings, or explore a couple of questions during a staff meeting.

ACTIVITY

- * Create a gallery wall in your teacher's lounge to display all the ways your team can make a difference.

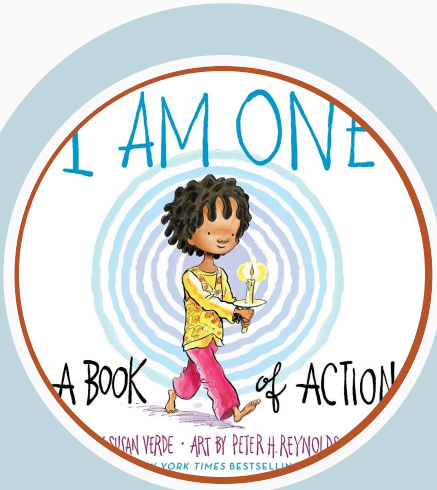
Put the following quote from the book on the top of your wall: "We are each one. And we can take action."

Then, have each staff member consider their list of "I can..." statements from the bookmark. They should choose ONE they want to focus on. Have them write their statement on the back of the attached card to display underneath the quote on the wall.

Try to *catch* each other following through on the individual ways you have chosen to make a difference. You can add to or replace chosen actions over time.

*Consider asking your team to share their focus with one other person to add an element of support and accountability.

*"I am one. And I can
take action"*



BOOK INFO

Author

Susan Verde

Illustrator

Peter Reynolds

DISCUSSION QUESTIONS

How do you make a difference in your classroom? With your colleagues? In your school community?

How do you want to make a difference in your classroom? With your colleagues? In your school community?

Do you believe you can make a difference in this way? Why or why not?

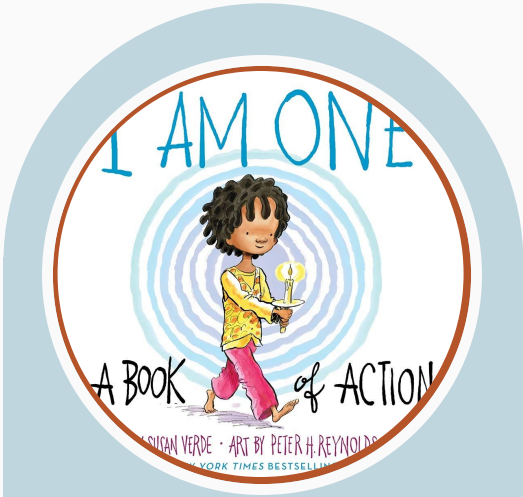
What is holding you back from trying to make a difference?

What kind of differences do you see others making?

When have you seen someone try to make a difference and succeed?

When have you seen someone try to make a difference and fail?

*White space for any artists that want to draw a picture of their impact or the impact they see others making.



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PERSONAL REFLECTION

List some small steps you can take to start making a greater impact in your school community.

In the space below write eight "I can..." statements. Circle ONE to put into action.

I can _____

I can _____

I can _____

I can _____

I can _____

I can _____

I can _____

I can _____

I can _____

Write ONE thing you will do to make a difference in your school.