

BOOK INFO

Author

Susan Verde

Illustrator

Peter Reynolds

DISCUSSION QUESTIONS

How do you make a difference in our family? At home? With friends?

How do you want to make a difference in our family? At home? With friends?

Do you believe you can make a difference? Why or why not?

What kind of differences do you see people making in your life? In our home?

What could hold you back from trying to make a difference?

When have you seen someone try to make a difference and succeed?

When have you seen someone try to make a difference and fail?

BOOK SUMMARY

Do your children believe they can make a difference?

Many barriers can keep your children from making a difference. Perhaps one of the most challenging barriers is the myth that ONE step is never enough. Believing this lie can keep your children from even trying.

In [I Am One: A Book Of Action](#), [Susan Verde](#) combats this belief by revealing many singular ways children can take action. Verde inspires readers to move and shows the potential ONE small step can have towards creating a collective movement.

BOOKMARK

Our featured book resources include collectible bookmarks with easy access to our discussion questions (front) and personal reflection (back).

Print it out for yourself or print enough copies on card stock for your family. Cut out the bookmarks and write/share your own personal reflections. Choose one discussion question each day or week to reflect on after reading, [I Am One: A Book Of Action](#) aloud together.

ACTIVITIES

- ✳ Everyone in your home can work together to make a greater impact on one another.

In this activity, each person in the home should consider their list of "I can..." statements on the bookmark. Choose ONE to write on the back of the attached card.

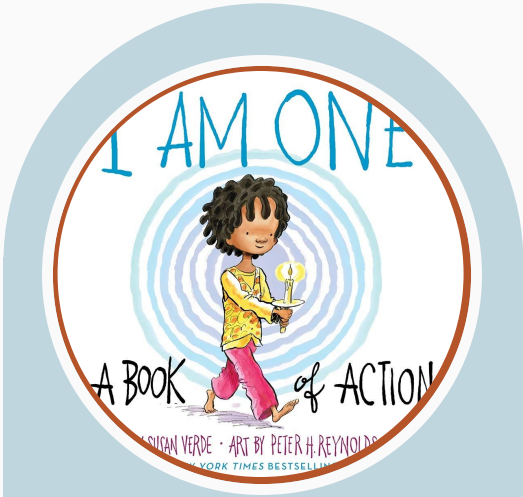
On a wall, corkboard, whiteboard, or fridge write the following quote from the book, "We are each one. And we can take action." Then, tape or pin all of the "I can..." statements underneath it.

Try to *catch* each other following through on the individual ways you have chosen to make a difference. You can add to or replace chosen actions over time.

- ✳ Have your children draw a picture of how they can make a difference or of how someone else has made a difference in their life. You can add the drawings to your wall.

*"I am one. And I can
take action"*

*For early readers or language learners use the white space provided to draw a picture of what you can do to make an impact.



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PERSONAL REFLECTION

List some small steps you can take to start making a greater impact in your home.

In the space below write eight "I can..." statements. Circle ONE to put into action.

I can _____

I can _____

I can _____

I can _____

I can _____

I can _____

I can _____

I can _____

I can _____

Write ONE thing you will do to make a difference in your home.