



BOOK INFO

Author

Kathryn Erskine

Illustrator

Alexandra Boiger

DISCUSSION QUESTIONS

Can you have "we" without "me"?

Who are "all of us" in the book?
Who are "all of us" in your life?

How can hands "set free"?
How can your hands "set free"?

What does *breathhtaking* mean?
What are your breathtaking sights?

What are your remarkable sounds?

How can you help (OR) where do you see someone helping to:

- build(ing) things up
- create(ing) art
- help(ing) earth
- heal(ing) heart

What does it mean to belong?

Who is "me" for them?

BOOK SUMMARY

Do your children feel a genuine sense of belonging? Do you?

Whatever our age, we all want to feel as though we are a part of something bigger than ourselves. We all want to feel a deep sense of belonging to someone or some group.

In *All of Us*, the author Kathryn Erskine writes about unique and valuable individuality that supports a collective contribution. Use this book and our resource as a tool to help your children think about their unique identity and how they can impact this world in a positive way.

BOOKMARK

Our featured book resources include collectible bookmarks with easy access to our discussion questions (front) and personal reflection (back). Print in color on card stock and cut them out.

Want to track your child(ren's) development?

Use the white space on the back to mark the date and jot down their answer to the same question each year.

ACTIVITIES

- * Create a space on a wall in your home with the Title "We". Ask everyone in the family to create a piece entitled, "Me". This could be an art project, story, poem, etc. Value each persons individuality by showcasing it on your gallery wall while also reminding yourselves you are a collective unit.
- * Label one jar *Remarkable Sounds* and one jar *Breathtaking Sights*. Write down one thing each day to add to one of the jars as a practice of gratitude. Go back to these when you need to feel thankful.
- * Play "Eye Spy" with these four criteria in mind when you are out and about.
 - building things up
 - creating art
 - helping earth
 - healing heart

BELONGING



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PERSONAL REFLECTION

At any age we can struggle to understand who we are and how we can make a difference.

In the space below write out four positive "I am..." statements and four "I can..." statements.

I am _____

I am _____

I am _____

I am _____

I can _____

I can _____

I can _____

I can _____

An increased sense of belonging occurs when children know and can safely share their authentic self with others.